

**HONESTY &
INTEGRITY**

You live your life in a sincere, transparent, truthful way committed to what you truly believe is important.

You speak the truth and you act according to your heart and mind.

You are genuine and you unknowingly remind others of this quality.

What are the signs of honesty and integrity?

What type of job might suit a person who is not afraid to be honest about what they think?

What advantage is there in being genuine and honest about who you are & what you think?

Make a plan to grow in honesty and integrity!

I'd love to be more outspoken and truthful in the following situation:

The help I need to be more honest (e.g. not care as much about what others think of me):

When and where I'll be more honest about what I think or want:

To remind yourself to do this PRINT or TAKE A PHOTO of this page.